MAY 2024 Training & Events Calendar

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DIARY DATES:

- **COMPETITION SPARRING TRAINING** Saturday May 11, 18 and June 1 Session Fee \$10
- **POWER BREAKING** Saturday May 25 \Rightarrow Bulk Board Orders close Friday May 17
- MAY INST BAS DUE Saturday May 25 \Rightarrow
- **DAN PT APPLICATIONS CLOSE** Sunday \Rightarrow May 26
- **BLACK BELT GRADING TEST & DAN PT** \Rightarrow Saturday June 15
- **COLOUR BELT GRADINGS** Saturday \Rightarrow June 29

COMPETITION TRAINING

May 11, 18 and June 1

Interested in Competition Sparring?

These classes are for you

\$10 Fee applies

We encourage all Blue, Brown, Red and Black Belts 16 years and under to attend

> these classes and prepare for a tournament later this year

Saturday

Westbourne Pk Memorial Hall 388 Goodwood Rd

4 May

HAPKIDO CANCELLED

Sunday

CBC Gym, 214 Wakefield Street

5 May ADVANCED TRAINING

5.30 - 6.15 pm Brown, Red & Black Belt Class

11 May

COMPETITION TRAINING

12.15 - 1.00 pm

HAPKIDO & STICK TRAINING 1.10 - 2.00 pm

12 May **CLASS CANCELLED**

Mother's Day

18 May

COMPETITION TRAINING

12.15 - 1.00 pm

HAPKIDO & STICK TRAINING

1.10 - 2.00 pm

19 May ADVANCED TRAINING

5.30 - 6.15 pm Brown, Red & Black Belt Class

25 May POWER BREAKING

12.10 pm Black Belts

1.00 pm Colour Belts

Bulk Board Order Close Friday May 17

26 May ADVANCED TRAINING

5.30 - 6.15 pm Brown, Red & Black Belt Class

Dan PT applications close tonight

INST BAS DUE TODAY

1 Jun COMPETITION TRAINING 12.15 - 1.00 pm

HAPKIDO & STICK TRAINING 1.10 - 2.00 pm

2 Jun ADVANCED TRAINING

5.30 - 6.15 pm Brown, Red & Black Belt Class

STOP PRESS: KNIFE SELF DEFENCE SESSION IS POSTPONED



Specialty Foods

8A / West Thebarton Rd Thebarton

Ph: 8443 5444



WE ARE AN ACCREDITED GOOD SPORTS CLUB.









